The Scottish YFA Reunion Committee invite you to the

66th Young Farmers' Ambassadors UK Reunion

3rd – 6th November 2023

Scotlands Spa Hotel, Pitlochry





YFA-Scotland-UKReunion@outlook.com

Young Farmers' Ambassadors (YFA) Scottish Region

yfascotland

Website www.yfa-uk.co.uk

Scottish Region YFA members look forward to welcoming you to Pitlochry, Scotland for the reunion weekend.

Catch up with old friends and make some new ones!

Reunion Committee:

Chairman – Neil Brims (07919154711)

Secretary – Kirstie Black (07765063662 / YFA-Scotland-UKReunion@outlook.com)

Treasurer – Elaine Mowat

Committee – Mhairi Dalgliesh and Lachlan Jones

Scotlands Spa Hotel, 38-40 Bonnethill Road, Pitlochry PH16 5BT – 01796 484900

Scotlands Spa Hotel is located in the heart of the beautiful Victorian town Pitlochry and is the perfect destination for a tranquil getaway. Located just off the main A9 road and around 25 miles north of Perth, Scotland's Spa Hotel offers a wide range of modern facilities making the hotel in Pitlochry the perfect choice for your next break.

All the rooms have fee Wi-Fi, tea and coffee making facilities and a large flat screen television.

www.scotlandshotel.com

Spa and Leisure

OPENING HOURS

Spa 10am – 6pm

Gym 7am – 9pm

Swimming Pool 7am – 9pm (last admission 8.00pm)

TREATMENT BOOKINGS

Treatments must be booked in advance. Credit card details are required to secure your booking, however, be assured that no payment will be taken unless a cancellation is made within 48hrs of your appointment. Please arrive 15 minutes ahead of your appointment.

- You must be over 16 to have treatments
- We cannot offer any treatments for anyone under 12 weeks pregnant, and if you are pregnant this must be discussed at the time of booking
- We also can't offer treatments for anyone undergoing cancer treatments
- Anyone with any medical conditions should discuss this at the time of booking

To book or for more details please call the Spa on 01796 484900

Please see the full list of treatments offered near the back of this brochure.

Weekend Costs

Prices are stated per person (except family rooms *). We have a limited number of single and triple rooms available at a reduced price. We have catered for children to be eating with the adults.

Please note: bookings will not be accepted unless they are accompanied by a full payment.

If you are unsure about the payment due or need any help with the booking forms, please contact the reunion secretary (Tel: 07765063662/ email: yfa-scotland-ukreunion@outlook.com) for assistance.

Friday night to Monday morning (3 nights):

Double/Twin rooms		
Adults and children (over 16) in their own rooms		
Family Rooms *		
2 adults and 2 children under 16: contact committee if any different	£760	
Children 5 and under	free	
Triple rooms	£260	
Single, includes single supplement	£350	
Friday night to Sunday morning including Sunday lunch (2 nights):		
Friday night to Sunday morning including Sunday lunch (2 nights): Double/Twin rooms		
	£230	
Double/Twin rooms	£230	
Double/Twin rooms Adults and children (over 16) in their own rooms	£230 £585	
Double/Twin rooms Adults and children (over 16) in their own rooms Family Rooms *		
Double/Twin rooms Adults and children (over 16) in their own rooms Family Rooms * 2 adults and 2 children under 16: contact committee if any different	£585	

Weekend Programme

Eriday 2rd Nassashar	From 2nm	Pagistration and from time
Friday 3 rd November 2023	From 3pm	Registration and free time. Tea and coffee on arrival
2025	7nm 12am	
	7pm – 12am	Sit down 2 course dinner followed by tea/coffee and fancy-
	8.30pm-midnight	dress party. Entertainment by DJ Stuart Lackie
	6.50pm-manight	Fancy dress theme – Bonfire Night
Saturday 4 th	8am – 9.30am	Breakfast
November 2023	9.15am-9.30am	Coaches depart for morning trips
November 2025	9.13aiii-9.30aiii	Aberfeldy Distillery
		Castle Menzies
		Gatehouse Nursery/Gatehouse Firewood
		Farm Tour Martin Kennedy
	12	Do your own thing
	12pm	Lunch for everyone at Gatehouse
	1pm	Group photograph at Gatehouse
	1.30pm	Coaches depart for afternoon trips
		Gatehouse Nursery/Gatehouse Firewood
		Castle Menzies
		Farm Tour Calum McDiarmid
		Do your own thing
	4pm	Coaches leave to arrive back at hotel
	6pm	Executive meeting
	6.30pm	Drinks reception
	7pm – 12am	Formal 3 course Gala Dinner followed by tea/coffee
		Dancing to Alba Ceilidh Band
Sunday 5 th	8am – 10am	Breakfast
November 2023	10am	Religious Service
	10.30am	Regional Meetings
	11am	Hotel check-out for Sunday departures
	11am – 11.15am	Tea/coffee break
	11.15am – 12pm	National Annual General Meeting
	12pm	Soup and sandwiches for lunch
	1pm	Coaches depart for afternoon trips
		Segway
		House of Bruar / Falls of Bruar
		Pitlochry fish ladder and Dam
		Crafting with Kirstie
		Do your own thing
	3.45pm/4pm	Coaches leave to arrive back at hotel
	7pm-midnight	Sit down 2 course dinner followed by tea/coffee
		Entertainment and Spotify playlist
Monday 6 th	8am – 10am	Breakfast
November 2023	11am	Hotel check-out for Monday departures and farewells.

Trips

Gatehouse Nursery and Gatehouse Firewood







Gatehouse Nursery – Gatehouse Nursery is a small family run business and the business of YFA member Kirstie Black's Mum, Bridget. The business, started in 1997 selling mainly bedding plants and they stock a wide range of hardy plants most of which are suitable for growing at the higher height (1000ft). They grow their own summer bedding and basket plants which are available from Mid-May (because of their height and late frosts). They also offer a hanging basket refill service.

Website - www.gatehousenursery.co.uk







Gatehouse Firewood – Gatehouse Firewood is the business of YFA member Kirstie Black's Dad, Neil. Neil was a tenant sheep farmer affected by changing landlords, foot and mouth, and declining sheep prices back in the early '90s. He was ready to take up new opportunities to make a living. Neil started by using his tractor to help a local forestry contractor convert unwanted timber to firewood. This activity expanded into clearing fallen trees, and then into selling the firewood that was surplus to his requirements. Gatehouse Firewood now supplies seasoned firewood logs all year round for sale, local delivery by trailer load or carry bags from the nursery. All logs are seasoned - hardwood and/or softwood. The wood is bought in from managed estates and woodlands to be seasoned, in log rows for at least 12 months before being processed. It is cut, split and kiln dried ready for delivery. A wide range of log sizes to suit all fires, stoves burners and gasification boilers can be supplied.

Website - www.gatehousenursery.co.uk

Aberfeldy Distillery (over 18's only) Max 30 people





Aberfeldy Distillery – Aberfeldy's distillery was first planned in 1896 by the sons of John Dewar and is the only Scotch whisky distillery built by the Dewar family. Dewar's was already a highly successful brand of blended whisky, renowned for its quality, and the company needed more single malt whisky to use in its blend. There were several reasons behind the decision of Tommy and John Alexander Dewar to build their whisky distillery in the heart of Highland Perthshire, on the outskirts of the village of Aberfeldy. The presence of a superb natural water source in The Pitilie Burn (or small river) which runs past the distillery into The River Tay, was undoubtedly a big factor in the decision. The gold-rich waters of the Burn are used to make Aberfeldy whisky to this day. In common with most Scotch whisky distilleries, malted Scottish barley to make the whisky is brought to site, with the old Malting House now home to the beautiful Whisky Lounge and Cafe. Due to vastly increased demand, they now mature the spirit elsewhere in Scotland. The creation of the distinctive Aberfeldy spirit all takes place onsite, with the extra-long fermentation in larch washback's, and distillation in our tall pot stills overlooking the rolling Perthshire hills. These processes create the honeyed richness for which Aberfeldy whisky is renowned. Now popular in its own right as a single malt, Aberfeldy still makes up the heart of the Dewar's blend, contributing its heather honey flavour to America's best-selling Scotch whisky.

Website –www.dewars.com/gl/en/aberfeldydistillery/

Castle Menzies



Castle Menzies – Castle Menzies is a spectacular sixteenth century Scottish castle, restored during the twentieth century by the Menzies Clan Society. Architecturally fascinating, it is a splendid Renaissance example of the transition in Scottish castles from earlier rugged Highland fortresses to later mansion houses. The Castle was the seat of the Chiefs of Clan Menzies for over 500 years. During the second Jacobite rising the Castle first hosted Bonnie Prince Charlie, who rested on his way to Culloden in 1746 and then, just four days later, the Duke of Cumberland, commander of the Government forces. Rescued as a ruin in 1957 by the then recently re-formed Menzies Clan Society, the Castle has been lovingly restored by generations of Society members and was placed into a charitable trust in 1993. It is open to all as a visitor attraction, museum, Clan centre for the Menzies Clan and venue for weddings, concerts, and other hire. They use all proceeds exclusively for continued restoration and maintenance of the Castle, its Walled Garden, and the Old Kirk of Weem. Because it has been restored from a ruin, you will find the Castle much less furnished and decorated than most other Scottish castles you may visit. But as a result, you get a much better feel for how it was built and what it's made of. Instead of plush carpets and furniture, you will find stone walls, shot holes, original timbers, and lots of fascinating details. You are also able to visit almost every room in the Castle.

Website - www.castlemenzies.org/

Farm Tour - Lurgan Farm, Edradynate, Aberfeldy







Lurgan Farm - Martin Kennedy is a tenant farmer in Aberfeldy, Highland Perthshire and farms with his wife Jane and three daughters. They have 600 ewes and 60 cows on the farm rising from 800ft to 2,500ft. Martin served two years as NFU Scotland Highland Perthshire Branch chair, before representing NFU Scotland East Central region on the LFA committee in 2009. He was elected NFU Scotland Vice-President in 2017 and elected as NFU Scotland President in 2021. Martin has served as President for the past two years and has been re-elected to the post of President for a further two-year term. The maximum term allowed for an individual to hold the role of President under the Union's constitution is four consecutive years

Farm Tour – Mains of Murthly, Aberfeldy







Mains of Murthly - AgriScot Sheep Farm of the Year, farmed by Calum McDiarmid, Aberfeldy. Third generation farmer, Calum McDiarmid farms Mains of Murthly which is an upland farm rising to 1000ft above sea-level and home to 1350 Aberfield ewes. Two sheds capable of holding 350 ewes each are used at lambing time. Mains of Murthly relies on Aberfield ewes bred from Texel cross Cheviots which are tupped either with Aberfield rams or New Zealand-type Suffolks. The philosophy of Calum McDiarmid's sheep enterprise, which extends to over 244ha of Perthshire landscape, is about minimising input and maximising output by creating a more efficient system. Shepherd Ed Munt runs 1350 breeding ewes, 400 home bred ewe lambs and 25 tups, 12 of which are Innovis Aberfield and 13 terminals of either NZ Suffolk or Aberblacks. The whole system has changed over the past five years to become a predominantly grass based setup centered around rotational grazing, with divisional solar electric fence systems and Opico sward lifter improving the quality and volume of grass.

Segway (over 12's only) Max 20 people





Since 2012 we have provided escorted tours from Blair Castle Caravan Park, gliding around the spectacular grounds of Atholl Estates. Our amazing, rugged Segway X2s are equipped with the latest technology designed to help you safely navigate the toughest of terrain slide up the Castle drive and then onto the forest tracks to discover what wildlife lives in these beautiful woodlands.

(duration approx. 30 minutes*) Note there will be a surcharge of £10 payable on the weekend once waiver signed.

Requirements

To ride with us, you:

- will need to be at least 12 years of age.
- riders 14 and under must be accompanied by an adult.
- must weigh between 45kg (7 stone) and 110kg (17.5 stone).
- agree to wear the safety helmet provided.
- must wear suitable outdoor footwear (e.g. trainers or comfortable shoes/boots).
- must dress for the Scottish weather.
- must be able to step on and off the base of your machine 20cm (8 inches) unassisted.
- are able to stand for the duration of the experience and without stopping (toilet breaks etc.).
- must be able to independently lean from side to side and forwards and backwards whilst standing upright on the Segway.
- will wear any prescribed glasses and have adequate vision to safely operate the Segway.
- at all times agree to follow the instructions of your guide whilst on your Segway experience.
 Warning:
- Pregnant women or people with back injuries and/or other serious health problems such as heart conditions should not participate in any of our Segway Experiences
- You must NOT be under the influence of drugs or alcohol and you must inform the instructor of any visual or other physical impairments which may affect your safety before participating in any of our Segway Experiences.

Note:

- Segway Ecosse operates appropriate insurance. Before booking you should take steps to satisfy yourself that you are adequately insured to take part in our Segway Experience.
- We have a zero tolerance policy concerning any verbal or physical abuse against our employees, customers, equipment, operating environment and any third parties who may be present. If we deem any rider to be abusive, they will not be able to participate in any of our Segway Experiences. This includes but is not limited to aggressive, dangerous and intimidating behaviour or language. We will not hesitate to immediately inform the police if behaviour warrants their attention.
- Riders are not permitted to smoke at any time whilst participating in our Segway Experiences.
- Riders must follow the instructor generally in single file and adhere to instructions given unless the tour will be suspended until a safe riding style is adhered to.

Website – www.segway-ecosse.com

Pitlochry Fish Ladder, Dam and Visitor Centre





Visitors will learn all about Scotland's fascinating hydro history and heritage as well as how SSE harnesses the power of nature in a positive way. Here are some of the themes the exhibitions explore:

- Pitlochry Dam
- Salmon Life Cycle
- Power from the Glens
- Green Energy in Scotland
- Managing Habitats

Visitors to the centre can enjoy the perfect Perthshire pit stop at the Salmon Leap café and browse a unique selection of products in the gift shop. Thanks to the viewing balcony visitors can soak up the glory of the River Tummel as it tumbles past the fully working Pitlochry Hydro Station and even look out for a leaping salmon on its way upriver. Inside the café there's intriguing electricity exhibits to marvel at; as well as full range of locally sourced food and drink to savour. The gift shop stocks a range of souvenirs and gifts for young and old, everything from local salmon and seasoned favourites like shortbread to more unique and handmade items made by local artisans.

Website - www.pitlochrydam.com

Crafting with Kirstie







Do you fancy your hand at making an origami modular square box? This is a great origami modular square box designed by Tomoko Fuse, the queen of origami boxes. This all comes together using no glue. The end result is not only a very useful and practical box but looks fantastic too! If you're giving someone a small present, it'd be extra special to fold your own box and place the present in it! Instructions will be given home with you

House of Bruar / Falls of Bruar







House of Bruar - The House of Bruar is Scotland's premier independent country fashion retailer, bringing together an impressive collection of traditional Tweeds and cashmere garments with the very latest in rural style to create a unique shopping experience. The store, situated in picturesque rural Perthshire just off the A9, is an essential destination for anyone with an interest in country fashion. As well as the expansive Ladieswear and Menswear collections, there is also a generous selection of Sporting accessories and equipment for those who like to make the most of the great outdoors, while the Home and Kitchen range has everything for the discerning homebody. In addition to the country fashion collection, there is also a stunning selection of the best in Scottish food and drink in the Food Hall and Delicatessen. With a firm focus on locally sourced goods from small, artisan producers, this area of the store is overflowing with everything from gourmet smoked salmon to exclusive Sloe Gin and Raspberry liqueurs.

Website – www.houseofbruar.com

Falls of Bruar - A beautiful short but surprisingly strenuous walk with good views of the gorge and falls from two stone bridges and a picnic area. The terrains is clear paths on a hilly route with some steep sections and sheer drops at the gorge edge and is started from the House of Bruar car park on the B8079.

Distance: 1.5 miles Time: 1-1.5 hours

Website - www.walkhighlands.co.uk/perthshire/falls-of-bruar.shtml

If you'd rather do your own thing:

- Blair Atholl (Bell's) Distillery <u>www.malts.com/en-gb/distilleries/blair-athol</u>
 Blair Athol Distillery is in the picturesque town of Pitlochry. Set in open moorland south of the town, in the foothills of the Grampian mountains, Blair Athol's ancient source of water the Allt Dour flows through the grounds from the slopes of Ben Vrackie, contributing to the whisky's, mellow quality and smooth finish.
- Bungee Jump www.bungeejumpscotland.co.uk £84/person age 14+

The Highland Fling Bungee Jump takes the skill and the vision of experts and combines it with the iconic scenery of Highland Perthshire, Scotland. It produces something entirely new in an area renowned for adventure sports.

Highland Swing - <u>www.bungeejumpscotland.co.uk</u>

£74/person age 10+

The latest development from Highland Fling Bungee is the bridge swing at the Garry bridge in Killiecrankie, the same Highland Perthshire location where the bungee jump is based.

- Zip Line <u>www.bungeejumpscotland.co.uk</u>
 - £39/person age 8+

Killiecrankie Zip Park or Killie Zip is an exciting adventure of zipping through the trees and across the River Garry in the valley of Killiecrankie.

- Heather Gems www.heathergems.com
 - Heather Gems is an imaginative range of Scottish jewellery and giftware, made in Pitlochry, from natural heather stems. Take a walk through and see into the factory and watch video of the process before browsing the gift shop.
- Highland Chocolatier www.highlandchocolatier.com
 Iain created his Chocolate Kitchen and chocolate shop in the small village of Grandtully in Highland
 Perthshire, an area renowned for its berries, honey, and natural beauty. It took 3 years and 120 variations of
 recipes and techniques to create the first Velvet Truffle. His team comes from local families that share the
 passion for craftsmanship and his apprentice chocolatiers train for over 3 years. When you visit, you can
 browse the shop, take the audio tour (best booked in advance) or treat yourself in the cafe.
- Highland Safari's www.highlandsafaris.net
 Highland Safaris is the winner of the "Best Visitor Experience" in Scotland, if offers exhilarating Land Rover
 Safaris, scenic boat trips of Loch Tay, Red Deer Centre, walking and Biking activities and Perthshire's only
 Gold and Gem Panning Centre.
- Loch of the Lowes www.scottishwildlifetrust.org.uk/reserve/loch-of-the-lowes/
 The Loch of the Lowes Visitor Centre and Wildlife Reserve near Dunkeld covers 130 hectares including woodland, freshwater loch and the visitor centre and hides. All year round the reserve is host to red squirrels, mallards, swans, great-crested grebes, fallow deer and great-spotted woodpeckers.
 In autumn and winter, the reserve is home to Canada and greylag geese, as well as wigeon, tufted, golden eye and mallard ducks, grey heron and much more. During the spring and summer months the ospreys return to their nest just 150m away from the hides. The loch also hosts breeding swallows and goosander, as well as garden birds in the woodland and three species of bat.
- Queens View www.visitscotland.com/info/see-do/queens-view-visitor-centre-p2570441

The Queen's View in Highland Perthshire overlooks Loch Tummel and is said to have been named after Queen Victoria, following her visit to the area in 1866.

- Stewart Towers www.stewart-tower.co.uk/
 - Stewart Tower Dairy makes wonderful gelato style dairy ice cream on farm in the heart of Perthshire. Visit the ice cream parlour, have something to eat in the Roundhouse Cafe or pick up something in the farm shop. They use their own fresh milk to create Italian style real dairy ice cream.
- Pitlochry Theatre www.pitlochryfestivaltheatre.com

From the theatre in a tent to a theatre for a lifetime. For over 70 years, we've been Highland Perthshire's artistic heart and soul, sitting perched on the edge of the River Tummel and looking out to Ben-y-Vrackie, the spectacular 'Speckled Mountain'.

Walks

Killiecrankie Visitors Centre and Walk - https://www.nts.org.uk/visit/places/killiecrankie/highlights/walks
 Follow in the footsteps of the Jacobite and Redcoat soldiers who travelled through the Pass of Killiecrankie on 27 July 1689.

Killiecrankie is part of the Pitlochry Path Network in Perthshire and you can tailor your walk to your ability and the time you have available. For a short casual stroll, park at the visitor centre and walk along the balcony, checking for wildlife at the feeding station as you go by. This leads you to a set of steps taking you down to the main path of the Pass. After a few minutes you'll find a bench overlooking the gorge giving stunning views of the woodland and River Garry. Beyond this, you can follow steps leading further down into the gorge until you reach Soldier's Leap where you can see a small waterfall. This walk takes about 15 minutes from the car park.

From here you can either return to the visitor centre or continue down the riverside path towards the green footbridge (allow around 30 minutes to walk to this from Soldier's Leap). Here you can cross to the other side of the river and walk through our adjoining property – the Linn of Tummel. Alternatively, you could continue on the left side of the river to follow the footpath for approximately 3 miles to reach Pitlochry. There's also an option to take a circular route by walking along the roadside, but the view is much better returning along the riverside path through the beautiful woodland.

A walk here in autumn is a special treat – the Pass is renowned for its rich autumnal colours, when the trees are a spectacular mixture of gold, burgundy, amber, vermilion and russet.

• Hermitage - https://www.nts.org.uk/visit/places/the-hermitage

Follow in the footsteps of past notable visitors including William Wordsworth, Queen Victoria, Mendelssohn and J M W Turner as you wander through this magnificent landscape.

The Hermitage is a great place for all the family to go for a walk – including four-legged members! It's easily accessible from the A9, and an attractive woodland trail beside the River Braan leads through towering Douglas Firs to the stone bridge and the folly of Ossian's Hall, which overlooks the spectacular Black Linn Falls.

If you continue along the path beside the river you'll reach Ossian's Cave (another folly), which is approximately 10 minutes away from the hall.

From the cave you can follow the riverside path towards Rumbling Bridge (Forestry Commission), which takes you through another woodland, eventually leading you back to the Hermitage car park. This circular route takes approximately 2½ hours.

Alternatively, you can take the path in front of Ossian's Cave – this leads you to the other side of the Hermitage woodland. At the crossroads you can turn left through Craigvinean Wood and towards Pine Cone Point (Forestry Commission). Or you could stay within the Hermitage and turn right which takes you on a path to the totem pole and back down towards the Hermitage car park.

- Faskally Forrest Walk www.walkhighlands.co.uk/perthshire/salmon-ladder.shtml
 This excellent walk makes a circuit of the main part of Loch Faskally from the centre of Pitlochry. The walk includes an attractive metal suspension bridge over the river, passes the Festival Theatre and the fish ladder on the dam before following the peaceful waters of Loch Faskally. The colours can be spectacular in the autumn. The terrain is clear paths and minor roads and starts from Ferry Road car park in Pitlochry.
- Birks of Aberfeldy www.walkhighlands.co.uk/perthshire/birks-of-aberfeldy.shtml
 This beautiful short walk is extremely popular. Popularised in a song by Robert Burns, the fine walk up the steep gorge of the Moness burn reveals several waterfalls. The terrain is a waymarked path; a good amount of up and downhill. The walk passes above steep drops but there are handrails for much of the route and starts in Birks car park in Aberfeldy. (Note in Autumn may be slippery surfaces due to leaves).

Additional information – please read to avoid confusion or any disappointment!

Allocation of Rooms and Trips

Rooms and trips will be allocated on a first come, first served basis. Some trips can only accommodate limited numbers and may be changed or cancelled if there are insufficient bookings.

Late Booking

Any rooms we do not fill will be released back to the hotel on the 2nd September 2023. We will make every effort to accommodate anyone booking late and any bookings after this date will be treated on a first come first served basis.

Children's Facilities

Please note that there is no children's facilities i.e. a crèche

If you have more than 2 children requiring beds in your room or if a cot is required, please note this on your booking form, so this can be arranged with the hotel.

Late Arrival

If you anticipate arriving after 7pm on the Friday evening, please advise the secretary in advance so that a late meal can be arranged.

Cancellation & Travel Insurance

Should you have to cancel your booking, please let the secretary know by **Sunday 3rd September**, otherwise full payment may have to be forfeited. We cannot guarantee return of your weekend fee in the event of cancellation, or indeed any other loss you may incur, therefore you should consider taking out the appropriate Travel Insurance.

Single Room Supplement

There is a single supplement of £20 per person per night for people requesting a single room. Unless requesting a single room, all members travelling alone will be allocated a twin room but may specify with whom they would like to share with.

Extending your Stay at Scotlands Spa Hotel

If you wish to extend your stay, please contact the hotel directly on 01796 484900 and mention that you are a delegate for the YFA Reunion.

Food Allergies

If you have any food allergies, please note this on your booking form so that arrangements can be made with the hotel. They are set up to cater for special requirements but require advance notice to make plans with the kitchen.

Hotel Bar

No cash or card payments can be taken after 1am, so any purchases will have to be charged to your room. To be able to do this a credit/debit card must be pre-authorised at reception in advance or on check in.

Changes to the Programme

Please note that any changes to the programme will be notified on the Facebook/Instagram pages.

Travelling to the 2023 Reunion

Car

Located just off the main A9 road and around 25 miles north of Perth.



From the south, follow the A9 then take the ramp on the left for A93/A924 and head towards Braemar/Pitlochry.

Turn right onto Bonnethill Road

Turn Right into hotel car park.

There are 40 on-site parking spaces available free of charge.

SAT NAV: Scotlands Spa Hotel, 38-40 Bonnethill Road, Pitlochry PH16 5BT

Airports

Edinburgh airport 69 miles away

www.edinburghairport.com

Glasgow International airport 92 miles away

www.glasgowairport.com

Inverness airport 92 miles away

www.invernessairport.net

Aberdeen airport 100 miles away

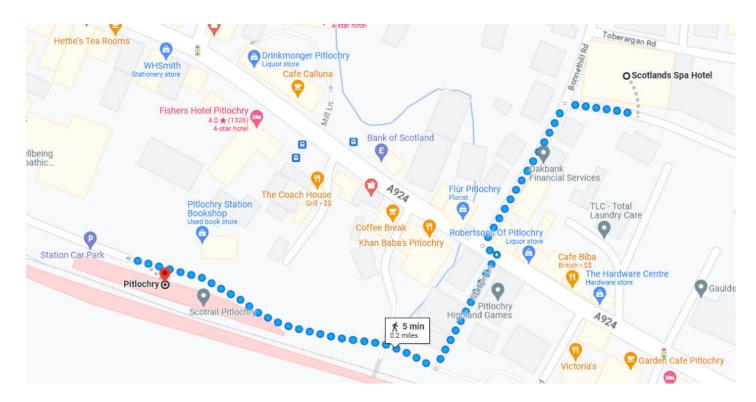
www.aberdeenairport.com



Train

Nearest train station is Pitlochry and less than 10 min walk away from hotel. https://www.scotrail.co.uk/plan-your-journey/stations-and-facilities/pit



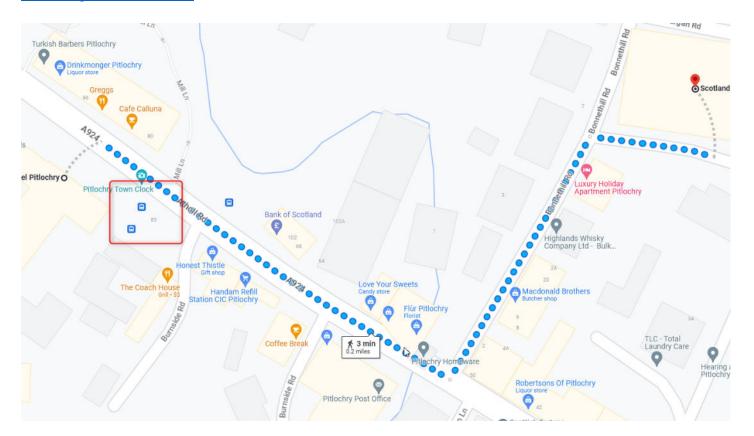


Bus

If you plan on travelling by bus, please check the website for the up-to-date timetable – the nearest bus stop, close to the hotel's main entrance is on Atholl Road just outside Fishers Hotel. Less than 5 min walk away from hotel.



www.scotrail.co.uk www.megabus.com/ www.stagecoachbus.com/



Taxi

Pitlochry Taxis is a local firm that can be contacted on +44(0)7849044319. If anyone requires a taxi whilst at the hotel, the reception team will be able to assist.

Please Note

Your registration will not be confirmed until full payment has been received.

DEADLINE – Please complete your online registration or return the booking form to the secretary by 27st August 2023.

Young Farmers' Ambassadors UK 66th Annual General Meeting Sunday 5th November 2023 Scotlands Spa Hotel, Pitlochry

Agenda

- 1. Introduction
- 2. Apologies for Absence
- 3. Minutes of previous AGM
- 4. Matters arising from the minutes
- 5. Correspondence
- 6. Executive Committee Meeting Report
- 7. Election of National Office Bearers
- 8. Regional & IFYE Conference Reports
 - a. England and Wales
 - b. Scotland
 - c. Northern Ireland
 - d. IFYE
- 9. Notification of Officers for the 2024 Reunion
- 10. Any other business

Young Farmers Ambassadors 65th Annual Reunion Sunday 23rd October 2022 Hilton Hotel East Midlands Airport

Annual General Meeting Agenda

- 1. Welcome
- 2. Apologies for absence
- 3. Minutes of the previous meeting
- 4. Matters arising from the minutes
- 5. Correspondence
- 6. Executive committee meeting report
- 7. Election of National Office Bearers
- 8. Regional reports
 - a. England and Wales
 - b. Scotland
 - c. Northern Ireland
- 9. Election of office bearers for 2023 reunion
- 10. Any other business

Young Farmers Ambassadors 65th Annual Reunion

Minutes of the Annual General Meeting held on Sunday 23rd October 2022 at Hilton Hotel East Midlands Airport

Welcome

Aimee Mahoney, acting chair for the AGM, joint chair of the reunion committee welcomed everyone to the 65th YFA AGM in the Hilton Hotel East Midlands Airport. At this point, Aimee asked everyone in attendance to mark a moment of silence for those we have lost in the last year.

Attendance

There were 73 members in attendance at the AGM

Apologies for absence

Apologies were recorded in the attendance book from the following;

Richard Willis, Adele Willis, Neil Brims, Marion MacPherson, David Paterson, Kathleen Stewart, John Rendall, Margaret Khnichich, Mary Roberts, Karl Hockenhull, Huw Williams, Angharad Williams, Alison Moran, Donna Simmons, Sandra Hockenhull, Polly Baines, Philip Walker, Trevor Woods, Claire Woods, Helen Ervin, Alex and Leslie Boyle

Minutes of the previous meeting

The minutes of the previous meeting held at the Canal Court Hotel, Newry on Sunday 27th October 2021 were circulated with the programme, these were approved and signed by Aimee Mahoney.

Matters arising from the minutes

No matters were arising from the minutes.

Correspondence

1 email of correspondence had been received from Neil Brims, Chairman of Scotland YFA, but would come up later in business.

Executive committee meeting report

The executive meeting was held on Saturday 22nd October 2022. The main topics were upcoming conferences and reunions which were covered later in the agenda. Support for future home stay programmes, legislation around hosting and how we can support the sending organisations which was discussed at country meetings also.

Election of National Office Bearers

Chairman- James Cowan had served his time as Chairman, Sam Hawkes was proposed by David Hull and seconded by Roger King on behalf of Ulster.

Secretary – Janette Stirling would remain for a second year.

At this point, Aimee thanked everyone so far for the support shown to executive committee and handed over to Sam Hawkes to chair the rest of the meeting.

Regional reports

England and Wales- Delivered by Aimee Mahoney Aimee to provide

Scotland – Delivered by Kristie Black

The AGM was held on Sunday 20 March, 2022, at the Reception Building, Balbuthie Farm, Leven, by kind permission of Mr John Cameron. The following Office Bearers were elected: Chairman: Neil Brims; Vice Chairman: Kirstie Black; Secretary and Newsletter Editor: Mary Turner; Treasurer: Elaine Mowat; other committee members – Meg Findlay, James Gray, James Law, Elaine Meikle, David Paterson, Caroline Robertson and Alison Ross

Following the AGM, Neil Brims gave a photo presentation and talk on his recent working trip to the Halley Research Station, Antarctica. To finish off the afternoon, we had an interesting tour of the farm.

After the success of the virtual drinks night last year, we went ahead with another one in May. Amongst the twenty who joined in, there were several people who were celebrating significant years since their exchange. There was a lot of banter and interesting stories from the anniversary guests and it was a fun night in!

It was great to back at the Royal Highland Show in June and what a wonderful turnout we had at the Drinks Reception at the Young Farmers Centre on the Friday evening. From the length and breadth of the country and as far afield as Canada and Austria, it was great to see everyone. We had around 80 people, including 16 Anniversary Guests from this year's group, from 1972 to 2017, as well as 6 who would have celebrated anniversaries the last couple of years. The generous sponsorship from Aldi and Mackie's of Scotland really helped to keep the costs down. If anyone here plans to be at the Highland next summer, then come along to the Drinks Reception at the Y F Centre on Friday 23 June.

The SAYFC exchange programme started again but only to Northern Ireland and Wales, as well as four to the European Rally in Germany. YFA made a contribution to all of these trips.

Twelve Scots headed to Finland for the 62nd European IFYE Conference which took place at Alkio-opisto, Korpilahti from the 16 to 23 July. The Finnish organising group did a fantastic job organising such an event over the past few years, not knowing if it would actually take place. They were really very emotional and so glad that 150 people from 14 different countries had made the journey to their part of the world. A varied day time programme to suit all tastes, fun in the evenings and first-class food made it a really memorable week.

Following on from a committee meeting held at Kirstie's parents place in Aberfeldy in August, those in attendance enjoyed a tour of the garden nursery and the log production enterprise.

On behalf of Scottish YFA, I'd like to thank the 2022 UK Reunion Committee for a great programme and fantastic weekend here in Derby.

Northern Ireland - Delivered by Stuart Rea

After a busy reunion weekend in Newry, we took a break from YFA meetings and catch ups and with COVID still around, we were always waiting for a date to have our winter dinner, we are still waiting – but this makes us look forward to 2023's dinner more.

The first gathering we had in person in 2022 was a new venture where we held a drinks reception at the presidents suite, RUAS, Balmoral on 9th May. This was very well attended with incoming short term exchangees, 2022 outgoing exchangees, a Devon Yf agri-affairs trip and a lot of YFA members who haven't been to any meetings lately. It was hard to count how many people attended and with Helen pouring the wine, it was hard to judge at the end too! Our time in the suite flew in, and with a lot of old friendships rekindled, we have planned to run the drinks reception again in 2023.

On 15th June, we held a pizza night at Moss-brook pizza in Moneymore. As the waitress carried out pizzas, we kept eating, with pulled pork being a firm favourite. A YFA event isn't complete without some activities, we had an Italian quiz, with the questions in Italian! We all learnt something that night! 24 members attended.

Sunday 15th August over 50 YFA members packed up their picnics and headed to Florence court, County Fermanagh. We didn't join in the 24 hour ultra running race that was taking place, instead we gathered our blankets, chairs, picnics and candelabras together followed by a walk around the estate, house and tour of the walled garden by our resident gardener. We had a great afternoon in Fermanagh and the weather remained dry!

Our most recent event was the Sunflowers and s'mores evening held on 24thSeptember at the sunflower woods. These sunflower fields are run by member Tracey weir and her sisters, and we enjoyed a lovely evening walking around the sunflowers, picking our own to take home, followed by homemade pumpkin soup or tomato soup provided by Helen. As dessert, we toasted our own s'mores over the fire pits. Again over 60 members attended with some future members who are Boy Scouts teaching us how to make the best s'mores and Stuart Vaux provided the perfect sound track. this evening was very magical and we can't wait to get back to the sunflower woods again!

During the summer, we had 11.5 members (Matthew hull is the 0.5 member attending half the week) attend the European ifye conference in Finland, this was an excellent week enjoyed by those in attendance, as well as those who had out of date passports watching from afar! Thank you to the organising committee for putting on an excellent conference in challenging times.

In 2022, we seen the return of the exchange programme, where we sent 4 short term and 2 long term exchangees along with 5 members on rally to Germany. We look forward to hearing bout these members adventures.

The gooseberry bushes have been fruitful in Ulster again and we wish all those who have had little additions to their family well. No more bushes have been bought since we last met, but have some impending nuptials. As a YFA family, some of us have suffered losses of family members, and we have lost some YFA members during the year as well. Our thoughts are with those who have lost a loved one.

Finally, I want to thank the English organising committee for putting on an excellent weekend for us all. We love being able to come together, make new friends and memories, revive old friendships and memories. Thanks again.

IFYE updates- Report from Hanna Taala, vice-chairman of IFYE Finland

Hanna Taala had been in attendance at the reunion weekend and spoke on the IFYE conference held in July 2022. The week had 150 members from 14 countries, and pictures from the week were displayed to

show the activities and sessions members participated in. Hanna finished by saying that the IFYE forest planted by participants will be a lasting legacy of the week.

Future IFYE- presentation by Sam Hawkes

Sam used the power point slides from the Austrian organising committee to advise the world conference would be held from 27th August 2023 in Southern Austria, bookings will open in January 2023 with numbers restricted to 300. On the Thursday of the conference there will be a European Day where the committee has requested help from other nations to deliver crafts, workshops, food and drink demos, the UK nations decided to come together with elements of dance, food and culture.

Election of office bearers for 2023 reunion

Mary Turner proposed the Scottish committee of Neil Brims as chairman, Kirstie Black as secretary and Elaine Mowat as treasurer for the 2023 reunion in Pitlochry on $3^{rd} - 6^{th}$ November 2023. Kirstie Black then gave a presentation on the venue, surrounding area and transport options.

Any other business

There had been an email to propose rebranding from Scotland YFA to IFYE UK and the Scottish committees intention to change their name. This email had been discussed at the executive committee with members being asked to discuss the proposal at the country meetings. A discussion around this took place during the AGM where various comments regarding the length of time YFA name had been in existence, how Ambassadors as a word was important to retain. To incorporate IFYE as part of the over all name may work. Organisations decided to discuss further with their own members and decide if they wanted to proceed. The various parts of name changes in constitutions and bank accounts had to be considered also. It was also recognised that standing still is not progress, we need to keep an open mind to attract new members.

Christine Cooper updated for future IFYE conferences following Austria in 2023, Germany in 2024, England will be hosting in 2025 with more plans to be advised.

Alun Morgan gave a vote of thanks to the organising committee and commented on how well run the weekend had been.

Sam Hawkes closed the meeting with a vote of thanks to the committee also and took a video of all attending to be sent to those who couldn't join us this year.

The meeting came to a close at 12.55pm.

Scotlands Spa Hotel Treatment Menu

Massage

Back, Neck and Shoulder massage

30 minutes

Monday-Friday £49

Saturday and Sunday £59

This massage focuses on reducing areas on tension caused by everyday stress. Using Thalgos oil and massage techniques to hydrate the skin and leave the muscles feeling truly relaxed.

Hot stones Back, Neck and shoulder massage

30 minutes

Monday - Friday £59

Saturday and Sunday £69

Hot Basalt Stones are used for a deep massage relieving tension. This warm massage will help reduce stress and aid sleeping Using thalgo's seaweed and algae oils to reduce inflammation and improve skin texture.

Bamboo Back, Neck and Shoulder massage

30 minutes

Monday-Friday £59

Saturday and Sunday £69

Soothing deep tissue massage using bamboo canes. Using the bamboo canes for firm soothing strokes and deep kneading of the knots. You will leave this treatment feeling relaxed and stress free. Using thalgo's seaweed and algae oils to reduce inflammation and improve skin texture.

Signature back treatment

45 minutes

Monday - Friday £60

Saturday and Sunday £70

Beginning with a back exfoliation to treat any congestion followed by a back, scalp and facial massage. This treatment allows you to relax and destress. Ideal for those while suffer from headaches and who struggle to relax.

Full Body massage

60 minutes

Monday – Friday £74

Saturday and Sunday £84

Inspired by the powers of the ocean this massage incorporates the powerful techniques of the Swedish massage schools. Using thalgo oils this will promote wellbeing, reduce tension, and will leave you fully relaxed.

Hopi Ear Candling

45 minutes

Monday-Friday £60

Saturday and Sunday £70

Also known as Thermal Auricular Therapy. This is a non-invasive treatment used to treat the ears and other various conditions such as migraines, Sinusitis, Stress relief and Tinius. This treatment includes a facial massage to help drainage.

Facials

Discovery facial 30 minutes Monday- Friday £49

Saturday and Sunday £59

The perfect express facial if you are on the go, tailored to your skin type, featuring thalgo's signature discovery of the sea welcome massage, unique brush cleanse and exfoliation, an application of a skin specific mask, moisturiser, and eye cream. You will feel refreshed, relaxed, and have beautiful glowing skin.

Signature Facial 45 minutes Monday- Friday £60 Saturday and Sunday £70

45 minutes -A luxurious facial using the best suited products from the thalgo range. Your facial includes a deep cleanse and exfoliation, a muscle relaxing pressure point massage and while your skin absorbs a host of vitamins and minerals with a face mask you will receive a scalp massage to complete the experience. This treatment is designed to leave your skin glowing, refreshed and hydrated.

Heart of the ocean Facial 60 minutes Monday – Friday £74 Saturday and Sunday £84

This personalised thalgo signature facial ritual begins with the discovery of the sea welcome massage, cleanse, and exfoliation. Thalgos heart of the ocean massage recreated the rhythmic motions of the sea to relax the facial muscles and relieve the tension in the arms, shoulders, and Neck. A skin specific mask and moisturiser correct any skin concerns, leaving the complexion restored to its natural beauty.

Hylau-Procollagen Wrinkle- Correcting Facial (anti-ageing) 60 minutes

Monday- Friday £80

Saturday and Sunday £90

Wrinkle to Wrinkle treatment combining hyaluronic acid and marine pro collagen using roller boosters for visible effectiveness, Instantly the face looks younger as if relaxed and even pronounced wrinkles appear smoothed.

Rejuvenating Eye treatment

15 minutes-£15

This is a perfect add on to any facial treatment. Designed to lift, plump and brighten the eye area. Using thalgo expert mask and roller techniques to reduce puffiness and dark circles. This treatment is an add on to any facial treatment and can not be booked on its own.

Nails

Luxury Manicure

60 minutes - £60

A deep exfoliation followed by nail and cuticle work to ensure the best finish for your chosen colour. Using Peacci Polish or Gel Bottle Gel. Finished with a nourishing hand massage leaving your hands looking there best. Please let us know at time of booking if you would like Polish or Gel.

Luxury Pedicure

60 minutes- £60

A deep exfoliation followed by nail and cuticle work to ensure the best finish for your chosen colour. Using Peacci Polish or Gel Bottle Gel. Finished with a nourishing foot massage leaving your feet looking there best. Please let us know at time of booking if you would like polish or gel.

Waxing

Eyebrows £15 Upper lip £10 Chin £10

Spa Days and experiences

Scotlands Spa Day

A 30-minute treatment from the choice below

- Back, Neck and Shoulder massage
- Discovery Facial
- Deeply Nourishing Foot treatment

Afternoon tea & Use of the leisure facilities Monday- Friday £68 Saturday and Sunday £78

Luxury Spa Day

2x 30-minute treatments from the choice below

- Back, Neck and Shoulder massage
- Discovery Facial
- Deeply Nourishing Foot treatment

Afternoon tea & Use of the leisure facilities

Monday-Friday £ 118

Saturday and Sunday £128

Ultimate spa day

A 60-minute treatment and a 30-minute treatment from the choices below

60-minute choices

- -Full Body Massage
- Heart of the Ocean Facial

30- minute Choices

- Back, Neck and Shoulder massage
- Discovery Facial
- Deeply Nourishing Foot treatment

Afternoon tea & use of the leisure facilities

Monday- Friday £138

Saturday and Sunday £148

^{*} The 60-minute choice and the 30-minute choice cannot both be massage.

Spa Information

To book Please email us on spa@scotlandshotel.com We recommend booking as far in advance as possible. If you have any questions regarding treatments, please do not hesitate to get in touch.

Arriving at the Spa

Please arrive 10 minutes prior to your treatment or package to allow completion of your client consultation form. If you do arrive late, then unfortunately your treatment may have to be shortened so as not to inconvenience the next guest. The treatment will still be charged at full price. Changing time is included in treatment time.

Parking

A Car permit must be obtained if you arrive by car. Please report to reception with your car registration. Our car park is managed by a third-party company, failure to provide the correct registration may result in a fine.

Booking and Cancellation

Please book as far in advance as possible to avoid disappointment. If appointments are cancelled within 48 hours the client will be charged the full treatment price.

Health and Pregnancy

Some treatments may not be suitable for certain conditions. It is important to let us know of any medical issues, surgeries or pregnancy when filling in your client consultation and at the time of booking. For pregnancy, we cannot carry out any treatment during the first trimester. Facials are suitable for after the first trimester. We currently do not offer Pregnancy massage.

What to Wear

Swimwear is required for all wet areas in the Leisure facialists i.e., pool, Jacuzzi, sauna, and steam room. For guests having treatments we want you to be comfy but please come in dry attire. Masks must be worn while in the spa.

Valuables

We strongly advise you do not bring valuables into the spa and Leisure facilities. Items can be left in your locker.

Mobile Phones

Please ensure all mobile phones are either switched off or set to silent mode, so not to disturb other guests.

Age Restrictions

Spa treatments are restricted to 16 years and over. If any queries, please contact the spa directly.

Gym – Minimum age is 16 years.

Pool – Ages 16 and above can use the pool unsupervised, 12-15 years with poolside supervision, under 12 years require an adult in the pool with them at a ratio of 2 children to 1 adult.

Sauna, steam room and Jacuzzi – Must be 16 or over.

The Reunion Committee are very grateful to everyone who has offered their support to make this weekend so enjoyable: -

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